



SHELTON FLAG FOOTBALL

Shelton Flag Football Equipment Check List

Required Equipment Check List:

- ✓ White Helmet – With Chin strap
- ✓ Mouthpiece (get 2)
- ✓ White Football Pants (get 2) (Extra for practice) Pants can be purchased with the pads built in. This is strongly suggested.
- ✓ Socks
- ✓ Cleats (No Metal)

Suggested Equipment Check List:

- ✓ Cold Gear
- ✓ Practice Jersey (Check with your Head Coach. Most teams can supply this)
- ✓ Football gloves
- ✓ Water Bottle

Shelton Flag Football Will Supply:

- ✓ Game Day Jersey and Shoulder Pads
- ✓ We will paint your white helmet and apply team logo decals
- ✓ Football Flags and Flag Belt